Breastfeeding

Objectives

- Identify benefits of breastfeeding to both the mother and the infant
- Discuss the benefits of early skin-to-skin contact to both mother and infant following cesarean and how to initiate it in the operating room
- Define lactation acuity levels and the importance of their implementation
- Review key principles that should be considered with drugs given to pregnant and lactating women
- Summarize pharmacokinetic actions of drugs in pregnant and lactating women

Content Outline

1. Early Skin-to-Skin Contact Following Cesarean
   1.1 Benefits
   1.2 How to operationalize it
   1.3 Staff roles and interrelationships

2. Lactation Acuity
   2.1 Patient related
   2.2 Timeliness and equity
   2.3 Provider related
   2.4 Safety and patient centeredness
   2.5 System Related acuity
   2.6 Efficiency and effectiveness

3. Pharmacotherapy in Pregnancy and Lactation
   3.1 Mechanism of placental transfer
   3.2 When and how to administer drugs to pregnant and lactating women
   3.3 Basis on which to choose drug therapy in pregnancy and lactation
   3.4 Pharmacokinetic principles affecting pregnancy and lactation
   3.5 Commonly used drugs and indications for use in pregnancy and lactation

Reading Material Resources

This self assessment module is based on the resources listed below. A copy of each article is included with the module.

"Early Skin-to-Skin After Cesarean To Improve Breastfeeding", Hung, Kristina, et al., MCN, Volume 36, No. 5, September/October 2011, pp. 318-324
