

Objectives

- Describe the nursing provided during the first, second, third and fourth stages of labor
- Discuss how the nurse incorporate social history and cultural needs in the care of the woman in labor
- Compare and contrast the stages of labor
- Summarize labor support measures provided to the woman in labor
- Identify the immediate care provided to the newborn after birth
- Review the nursing management of a precipitous birth

Content Outline

1. Stages of Labor
 - 1.1 First
 - 1.2 Second
 - 1.3 Third
 - 1.4 Fourth
2. Labor Support
 - 2.1 Position changes
 - 2.2 Anxiety reducing techniques
 - 2.3 Relaxation techniques
 - 2.4 Breathing techniques
 - 2.5 Incorporation of social history
 - 2.6 Incorporation of culture
3. Nursing Care During the Stages of Labor
4. Immediate Care of the Newborn
5. Nursing Management of the Precipitous Birth

Reading Material Resources

This self assessment module is based on the resources listed below.

The reading materials are in the form of a PDF file and can be accessed from the online testing center once the module is purchased.

Chapter 24 The Family in Childbirth: Needs and Care, Maternal-Newborn Nursing Women's Health Across the Lifespan, Davidson, Michele, et al., Pearson Prentice Hall, New Jersey, 2008, pages 643-684.