

### Content Outline

#### Objectives

- Describe the physiologic basis for the causes of pelvic pain
- Differentiate between the types of pelvic pain and its causes
- Compare and contrast primary vs secondary dysmenorrhea
- Review signs and symptoms of conditions that cause pelvic pain and dysmenorrhea
- Identify differential diagnoses of acute pelvic pain
- Explain the management approaches of the treatment of pelvic pain based on cause

1. Definitions of Pain
  - 1.1 Acute
  - 1.2 Chronic
2. Symptoms, Diagnoses and Treatment of Conditions Causing Acute Pelvic Pain
  - 2.1 Reproductive Tract
  - 2.2 Gastrointestinal
  - 2.3 Psychological
3. Cyclic Pain: Primary and Secondary Dysmenorrhea
  - 3.1 Signs and symptoms
  - 3.2 Diagnosis and Management
4. Causes of Chronic Pelvic Pain
  - 4.1 Signs and symptoms
  - 4.2 Diagnosis and management
5. Gastrointestinal and Urologic Causes of Pain
  - 5.1 Signs and symptoms
  - 5.2 Diagnosis and management
6. Neurologic and Musculoskeletal Causes of Pain
  - 6.1 Signs and symptoms
  - 6.2 Diagnosis and management

### Reading Material Resources

This self assessment module is based on the resources listed below.

Access from the Lippincott Williams and Wilkins publisher site OVID. Login information available at the online testing center once module is purchased.

#### Berek & Novak's Gynecology

Chapter 15 Pelvic Pain and Dysmenorrhea

Editor: Berek, Jonathan S.

Publisher: Lippincott Williams & Wilkins

Edition: 14th Edition

ISBN: 978-0-78176-805-4, 0-7817-6805-5