Hormonal Therapy for Menopause

Content Outline

1. WHI Study and Implication of Management of Menopause
   1.1 Basis on which decision for hormone therapy should be made
   1.2 Current recommendations

2. Bioidentical hormones
   2.1 Definition
   2.2 Comparative data of bioidentical to human hormones
   2.3 Risks and Benefit of Hormone therapies
      2.3.1 Breast cancer
      2.3.2 Cardiovascular protection
   2.4 Testosterone therapy

3. Comparative outcomes of Hormone Studies
   3.1 HERS
   3.2 PEPI
   3.3 WHI

4. Implications for Clinical Practice

Reading Material Resources

This self assessment module is based on the resources listed below.

Access from the online testing center once the module is purchased.

Clinics in Geriatric Medicine, 27 (2011) 541-559
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The Nurse Practitioner Vol. 36, No. 7 (July 2011) 294-299
Menopause and the Hormone Controversy, Jane Kass-Wolff and Jennifer E. Fisher
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Objectives

- Describe the implications of the Women's Health Initiative study had on the management of menopause
- Outline bioidentical hormone their use in management of menopause
- Compare and contrast the risk and benefits of bioidentical progesterone vs. synthetic progestins
- Identify the risk of testosterone treatment in women
- Discuss the outcomes of the historical studies of HERS, PEPI and WHI