Common Gynecologic Problems

Objectives

- Identify the differential diagnoses of nipple and vaginal discharge and the diagnostic tools needed to make a diagnosis
- Name the different anatomical parts of the breast
- Compare and contrast the different types of breast lesions and their treatment
- Differentiate between infectious and non-infectious causes of vaginal discharge and their treatment
- Describe the basic physiology of the menstrual cycle
- Discuss the medical options for treatment of abnormal uterine bleeding
- Review the possible causes and etiologies for abnormal uterine bleeding

Content Outline

1. Nipple Discharge
   1.1 Differential diagnosis
      a. Pregnancy and lactation
      b. Galactorrhea
      c. Pharmacologic causes
   1.2 Breast lesions
      a. Cancerous
      b. Non-cancerous
   1.3 Diagnostic evaluation and treatment
      a. Laboratory studies
      b. Imaging
   1.4 Treatment
      a. Pharmacologic
      b. Surgery

2. Abnormal Uterine Bleeding (AUB)
   2.1 Normal menstrual cycle
   2.2 Evaluation of AUB
      a. History and physical examination
      b. Laboratory
      c. Imaging
   2.3 Treatment
      a. Hormonal therapies
      b. Non-hormonal therapies
   2.4 Special Conditions
      a. Inherited bleeding disorders
      b. Leiomyomas

3. Vaginal Discharge
   3.1 Normal vaginal flora
   3.2 Diagnostic evaluation
      a. History and physical examination
      b. pH testing and microscopy
   3.3 Underlying conditions
      a. Non-infectious
      b. Infectious
   3.4 Treatment
      a. Antibiotic cream
      b. Corticosteroids
      c. Estrogen
      d. Anti-histamines
      e. Sodium bicarbonate suppositories
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Reading Material Resources

Module WB1854: Common Gynecologic Problems is based on the resources listed below. A copy of the resources are included with the module.

Primary Care Management of the Female Patient Presenting with Nipple Discharge, Morgan, Hillary, The Nurse Practitioner, Online Exclusive, 1-6


Primary Care Management of Women with Persistent Vaginal Discharge, Morgan, Hillary, The Nurse Practitioner, Online Exclusive, 1-6