

### Objectives

- Describe the indications, mechanism of action, route of administration, side effects and contraindications for the drugs commonly used for women in the postpartum period to relieve pain, support bowel function and provide immune activity.
- Discuss the drugs commonly administered in the newborn period relating the rationale for use of these agents and including their indications, actions, routes of administration, side effects and contraindications.
- Outline the nursing interventions and patient teaching indicated for the maternal and neonatal medications used in the early postpartum and newborn period.

### Content Outline

1. Medications Used in the Postpartum Period with the Related Nursing Interventions and Patient Education Points
  - 1.1 Pain relief
    - 1.1.1 Uterine contractions
    - 1.1.2 Perineal wounds & hemorrhoids
  - 1.2 Lactation
    - 1.2.1 Herbal preparations contraindicated during breastfeeding
    - 1.2.2 Drugs for lactation suppression
  - 1.3 Bowel function
  - 1.4 Immunizations
    - 1.4.1 Rh (D) immune globulin
    - 1.4.2 Rubella vaccine
2. Medications Used in the Early Newborn Period with the Related Nursing Interventions and Patient Education Points
  - 2.1 Eye prophylaxis
  - 2.2 Hemorrhagic disease of the newborn prophylaxis
  - 2.3 Cord care
  - 2.4 Immunizations
    - 2.4.1 Hepatitis B vaccine
    - 2.4.2 Hepatitis B immunoglobulin

### Reading Material Resources

This self assessment module is based on the resources listed below.

The reading materials are in the form of a PDF file and can be accessed from the online testing center once the module is purchased.

Chapter 54, Postpartum and Newborn Drugs, Pharmacology A Nursing Process Approach, Kee, et al., Saunders Elsevier, 2009, pages 856-875.