

Objectives

- Discuss the range of pharmacologic agents available for conception control including the actions, dosages, effects and contraindications of individual drugs and methods
- Describe the drugs used to treat uterine dysfunction including uses, dosages, side effects and contraindications
- Explain current pharmacologic approaches to hormone replacement therapy including those based upon the findings of the Women's Health Initiative
- Relate recommended nursing interventions to the drugs used in support of women's health and reproductive disorders

Content Outline

1. Oral Contraceptive Agents Including Dosing Schedules, Actions and Precautions
 - 1.1 Estrogen-progestin combinations
 - 1.2 Progestin-based products
2. Alternative Contraceptive Methods
 - 2.1 Implanon
 - 2.2 Depo-provera
 - 2.3 Transdermal patch
 - 2.4 Nuva ring
 - 2.5 Barrier methods
 - 2.6 Intrauterine devices
 - 2.7 Medical abortion
3. Emergency Contraception
 - 3.1 Yuzpe regime
 - 3.1.1 Prevan
 - 3.2 Plan B
 - 3.3 Copper IUD
 - 3.4 Lunelle
 - 3.5 Norplant
4. Therapeutic Approaches to Common Hormone Dysfunction and Related Disorders
 - 4.1 Premenstrual syndrome (PMS)
 - 4.2 Endometriosis
 - 4.3 Menopause
 - 4.4 Osteoporosis
5. Approaches to Hormone Replacement Therapy
6. Nursing Interventions and Teaching Points Associated with Issues of Women's Health

Reading Material Resources

This self assessment module is based on the resources listed below.

The reading materials are in the form of a PDF file and can be accessed from the online testing center once the module is purchased.

Chapter 55, Drugs for Women's Health and Reproductive Disorders, Pharmacology A Nursing Process Approach, Kee, et al., Saunders Elsevier, 2009, pages 876-897.