Pain of Childbirth and Its Effects on the Mother and Fetus

Content Outline

1. Anatomic Basis of Labor Pain
   A. First stage
   B. Second stage

2. Neurophysiologic Basis of Labor Pain
   A. Peripheral afferent terminals
   B. Peripheral nerve axons
   C. Spinal cord

3. Effects on the Mother and Fetus
   A. Physiologic effects
   B. Psychologic effects
   C. Pain after delivery

4. Pharmacologic Labor Pain Management
   A. Local anesthesia
   B. Systemic drugs
   C. Regional anesthesia
   D. Botanicals

5. Non-pharmacologic Labor Pain Management
   A. Continuous support
   B. Biochemical therapies
   C. Bioenergetics
   D. Mind-body therapy

Reading Material Resources

Module WB2106: Pain of Childbirth and Its Effects on the Mother and Fetus is based on the resources listed below. A copy of the resources are included with the module.

Chapter 20 The Pain of Childbirth and Its Effects on the Mother and the Fetus, Chestnut’s Obstetric Anesthesia, Chestnut, et al., Elsevier, 2020, pages 422-440

Chapter 52 Labor Pain Management, Integrative Medicine, Rakel, David, Elsevier, 2018, pages 526-533