

Premenstrual Disorders

Objectives

- Describe the classification criteria for diagnosis of premenstrual syndrome
- Summarize pharmacologic and non-pharmacologic treatments for premenstrual syndrome
- Define premenstrual dysphoric disorder
- Review the clinical features of premenstrual dysphoric disorder
- Explain the etiologic theories for premenstrual dysphoric disorder
- Discuss the pharmacologic and non-pharmacologic for premenstrual dysphoric disorder

Content Outline

1. Premenstrual Disorder
 - A. Classification
 - B. Diagnosis
 - C. Management
 1. Pharmacologic
 2. Non-pharmacologic
2. Premenstrual Dysphoric Disorder
 - A. Definition and epidemiology
 - B. Etiologies
 - C. Diagnostic tools
 - D. Clinical features
 - E. Treatments
 1. Pharmacologic
 2. Non-pharmacologic

Reading Material Resources

Module WB2146: Premenstrual Disorders is based on the resources listed below. A copy of each resource is included with the module.

Premenstrual syndrome, Gbanasambanthan, et al., *Obstetrics, Gynaecology and Reproductive Medicine* 29:10 (2019) 281-285

Premenstrual Dysphoric Disorder, Lanza di Scalea, et al., *Medical Clinics of North America*, 103 (2019), 613-628