Post NICU Discharge Follow-Up

Content Outline

1. Care of the NICU Graduate Post-Discharge
   1.1 Review of expectations for the health care provider and infant’s parents
   1.2 Overview of respiratory problems commonly managed following discharge
   1.3 Summary of feeding, growth, and nutritional aspects post-discharge
      1.3.1 Breastfeeding in the home environment
   1.4 Overview of neurologic problems commonly managed following discharge
   1.5 Issues of technology dependence in the home environment

2. Etiology, Evaluation and Management of the Child with Cerebral Palsy (CP)
   2.1 Definition of cerebral palsy and risk factors for its development
   2.2 Approaches for early detection and diagnosis
   2.3 Use of classification systems to plan care and interventions
   2.4 Management strategies for cerebral palsy including therapies, equipment and bracing, medications, and surgery
   2.5 Musculoskeletal disorders in children with cerebral palsy
   2.6 Other comorbidities commonly seen in children with cerebral palsy

Reading Material Resources

Module WB2207: Post NICU Discharge Follow-Up is based on the resources listed below. A copy of each resource is included with the module.

Care of the Neonatal Intensive Care Unit Graduate after Discharge, Goldstein RF and Malcolm WF, Pediatric Clinics of North America, 66 (2019), 489-508