Module WB260

Sudden Unexpected Postnatal Collapse

Objectives

- Identify the known features of sudden unexpected postnatal collapse (SUPC) and recognize the recently noted association of the condition with periods of skin-to-skin contact and breastfeeding in the early postpartum time frame.
- Summarize the study findings presented about the prevalence and elements of hospital newborn assessment policies related to SUPC and maternity nurses’ knowledge of SUPC with a focus on unsafe positioning practices.
- Outline the policy components recommended by the American Academy of Pediatrics (AAP) to promote prevention of sudden unexpected postnatal collapse (SUPC) in newborns.
- Discuss the strategies presented in the AWHONN Practice Brief (#8) for prevention of SUPC as well as minimization of its effects and include the elements recommended for nurse education and competency assessment.

Content Outline

1. Prevalence and Components of Policies Regarding Newborn Assessment Related to Sudden Unexpected Postnatal Collapse (SUPC)
   1.1 Description and overlaps in current definitions related to SUPC
   1.2 Study methods used to evaluate newborn assessment policies with SUPC prevention components
      1.2.1 American Academy of Pediatrics recommended policy components
   1.3 Study results and practice implications involving policies related to SUPC

2. Study to Determine Maternity Nurses’ Knowledge About SUPC and Safe Newborn Positioning
   2.1 Overview of recent recommendations addressing newborn safety in the postpartum period
   2.2 Study methods, results, discussion, and clinical implications related to maternity nurses’ knowledge about SUPC and safe newborn positioning

3. Strategies and Recommendations of AWHONN’s Sudden Unexpected Postnatal Collapse in Healthy Term Newborns Practice Brief

Reading Material Resources

Module WB2260: Sudden Unexpected Postnatal Collapse is based on the resources listed below. A copy of each resource is included with the module.


Maternity Nurses’ Knowledge About Sudden Unexpected Postnatal Collapse and Safe Newborn Positioning, Addison C and Ludington-Hoe S. The American Journal of Maternal/Child Nursing, 45(2), 117-121

Sudden Unexpected Postnatal Collapse in Healthy Term Newborns: AWHONN Practice Brief Number 8, Nursing for Women’s Health, 24(4), 2020, 300-302