

## The Pelvic Examination, the Pap Smear and Detecting Cervical Cancer

### Objectives

- Explain the purpose of the pelvic examination
- Compare and contrast the different organizational cervical cancer screening guidelines
- Review basic pelvic anatomy relevant to performing the pelvic examination
- Describe the considerations and patient education when performing a pelvic examination
- Summarize the steps of obtaining a Pap test
- Outline the Bethesda system for interpreting Pap test results

### Content Outline

1. Pap Test
  - A. Indications
  - B. Sample techniques
  - C. Interpretation of results
2. Screening Guidelines Recommendations
  - A. ACOG
  - B. ASCCP
3. Patient Preparation
4. Pelvic Anatomy
  - A. External
  - B. Internal
5. Pelvic Examination Techniques
  - A. Speculum exam
  - B. External exam
  - C. Internal exam
  - D. Bimanual exam
  - E. Rectovaginal exam

### Reading Material Resources

**Module WB2315: The Pelvic Examination, the Pap Smear and Detecting Cervical Cancer** is based on the resource listed below. A copy of the resource is included with the module.

Chapter 27, The Pelvic Examination and Obtaining a Routine Papanicolaou Smear, Essential Clinical Procedures, Curtis, et al., Elsevier, 2021, 269-284