

Managing Headaches

Objectives

- Differentiate the symptomology between the most common primary headaches
- Discuss the pathogenesis and genetic components of the tension, migraine, and cluster headache
- Review the epidemiology and risk factors for development of headaches
- Summarize the non-pharmacologic and pharmacologic treatments for headaches

Content Outline

1. Primary Headaches
 - A. Tension
 - B. Migraine
 - C. Cluster
2. Pathogenesis
 - A. Brain pathophysiology
 - B. Genetics
3. Clinical Profile
 - A. Epidemiology
 - B. Risk factors
 - C. Symptomology
4. Treatments
 - A. Non-pharmacologic
 - B. Pharmacologic

Reading Material Resources

Module WB2320: Managing Headaches is based on the resources listed below. A copy of each resource is included with the module.

Migraine, Ashina, Messoud, N Engl J Med 383:19, November 5, 2020, 1866-1876

Frequent Headaches: Evaluation and Management, Waiting, Anne, American Family Physician, Volume 101, Number 7, April 1, 2020, 419-426

Understanding the most commonly billed diagnoses in primary care: Headache Disorders, Rogers, et al., The Nurse Practitioner, October 2020, 41-47