

Common Breastfeeding Conditions and Problems

Objectives

- Review the anatomy/morphology of the breast and breast examination techniques
- Discuss common breastfeeding problems including their presentation and management
- Describe obstructive and inflammatory conditions that can affect breastfeeding
- Identify benign breast masses and other breast-related conditions that occur during lactation and their effect
- Analyze how a history or current breast cancer diagnosis affects lactation
- Summarize effects of plastic surgery such as breast augmentation and reduction on lactation ability

Content Outline

1. Breast Physical Examination
 - A. History and prenatal counseling
 - B. Breast examination techniques
 - C. Anatomical variants
2. Common Problems of Lactation
 - A. Pain
 - B. Trauma
 - C. Infections
 - D. Milk production
 - E. Difficulty with infant latch on
3. Obstructive and Inflammatory Conditions
 - A. Engorgement
 - B. Mastitis and abscesses
 - C. Other
4. Benign Breast Masses and Other Conditions
 - A. Mastalgia
 - B. Breast lymphedema
 - C. Other
5. Breast Cancer and Breastfeeding
6. Plastic Surgery and Breastfeeding

Reading Material Resources

Module WB2414: Common Breastfeeding Conditions and Problems

is based on the resource listed below. A copy of the resource is included with the module.

Chapter 16 Breast Conditions in the Breastfeeding Mother, Breastfeeding A Guide for the Medical Profession, Lawrence, Ruth, Elsevier, 2022, 572-593