

Managing Gynecologic Disorders

Objectives

- Describe the diagnosis and management of adenomyosis
- Summarize the diagnosis and treatment of polycystic ovarian syndrome
- Review the pathophysiology and causes of chronic pelvic pain
- Explain diagnostic approaches for chronic pelvic pain and its treatment

Content Outline

Gynecologic Disorders

- A. Adenomyosis
 1. Epidemiology
 2. Clinical presentation
 3. Diagnosis
 4. Treatment
- B. Polycystic Ovary Syndrome
 1. Diagnosis
 - a. Rotterdam criteria
 - b. History and physical assessment
 - c. Laboratory studies
 2. Treatment
- C. Chronic Pelvic Pain
 1. Pathophysiology and causes of chronic pelvic pain
 2. Associated conditions that can lead to chronic pelvic pain
 3. Assessment
 - a. History and physical examination
 - b. Imaging
 4. Treatment

Reading Material Resources

Module WB2427: Managing Gynecologic Disorders is based on the resources listed below. A copy of the resources is included with the module.

Adenomyosis: Diagnosis and Management, Schragger, et al., American Family Physician, Volume 105, Number 1, January 2022, 33-38

Diagnosis and Treatment of Polycystic Ovary Syndrome in Primary Care, Treblay-Davis, et al., The Journal for Nurse Practitioners, 17 (2021), 1226-1229

Chronic Pelvic Pain, Reavey, et al., Obstetrics, Gynaecology and Reproductive Medicine 32:1 (2021), 8-13