

Parent Talk-Essential Conversations at Critical Points in Care

Objectives

- Describe the three distinct, yet inter-related phases of personalized and parent-centered communication presented for parents of extremely preterm infants during the antenatal consultation, the NICU hospitalization and the dying process
- Outline the elements of the SOBPIE Framework for Prenatal Consultation, the ouR-HOPE Framework for Communication Reflections, and the Step Wise Framework for End-of-Life Counseling (delivery room example)
- Relate the use of trauma-informed principles and approaches to the support of families with a neonate requiring hypothermia treatment for hypoxic-ischemic encephalopathy (HIE) through communication, family integration, mental health support and resource connections
- Identify critical elements of communication for the parents of an infant with hypoxic-ischemic encephalopathy at birth, during hypothermia, when discussing prognosis, in preparation for discharge home, and after loss

Content Outline

1. Parent-Personalized Discussions When Infants are Born at Less Than 25 Weeks
 - 1.1 Antenatal consultation
 - 1.1.1 Building trust and affective support
 - 1.1.2 Values and hope
 - 1.1.3 Decision-making support
 - 1.2 Communication over the course of the neonatal hospitalization
 - 1.2.1 Support for parenthood and coping in the NICU
 - 1.2.2 Family-centered care with continuity and personalization
 - 1.3 Importance of a stepwise approach for dealing with death
2. Family Support For Infants with Neonatal Encephalopathy Requiring Therapeutic Hypothermia
 - 2.1 Key elements of support for parents at birth, during hypothermia, when discussing prognosis, preparing to go home, for life at home or after loss
 - 2.1.1 Communication
 - 2.1.2 Family integration during therapeutic hypothermia
 - 2.1.3 In support of parental mental health
 - 2.1.4 Connecting families with resources

Reading Material Resources

Module WB2443: Parent Talk-Essential Conversations at Critical Points in Care is based on the resources listed below. A copy of each resource is included with the module.

Supporting families in their child's journey with neonatal encephalopathy and therapeutic hypothermia, Pilon B et al. on behalf of the Newborn Brain Society Guidelines and Publications Committee, *Seminars in Fetal and Neonatal Medicine* 26 (2021), 1-6

Personalized communication with parents of children born at less than 25 weeks: Moving from doctor-driven to parent-personalized discussions, Haward MF et al., *Seminars in Perinatology* 46 (2022), 1-13