

## Headaches in the Postpartum Period

### Objectives

- Compare and contrast the type of headaches that occur in the postpartum period
  
- Discuss the pathophysiology of postdural puncture headache in obstetrics
  
- Review management pathways for patients with postpartum headache and obstetric postdural puncture headache

### Content Outline

1. Headaches in the Postpartum Period
  - A. Primary
  - B. Secondary
  - C. Presentation and symptoms
  - D. Management
  
2. Postdural Puncture Headache
  - A. Definition, incidence, and diagnosis
  - B. Pathophysiology
  - C. Management and treatment
    1. Conservative
    2. Epidural blood patch
    3. Alternate therapies
    4. Follow up

### Reading Material Resources

**Module WB2522 Headaches in the Postpartum Period** is based on the resource listed below. A copy of the resource is included with the module.

Postpartum headache- diagnosis and treatment, Janvier, et al., BJA Education 22(5), 2022, 176-181

Post-dural puncture headache diagnosis and management, Vallejo, et al., Best Practice & Research Clinical Anaesthesiology, 38 (2022), 179-189