

When the Postpartum Period Becomes Complicated

Objectives

- Describe the types of postpartum depression
- Identify risk factors and screening tools for postpartum depression
- Outline presenting symptoms and treatment for postpartum depression
- Discuss background, prevalence, definitions and predelivery risk assessment for postpartum hemorrhage
- Summarize the causes and treatment for postpartum hemorrhage
- Compare and contrast blood component therapies for postpartum hemorrhage
- Define the types of postpartum urinary retention and their associated pathophysiology
- Review risk assessment, prevention, and treatment approaches for postpartum urinary retention

Content Outline

1. Postpartum Depression
 - A. Types of postpartum depression
 - B. Risk factors and screening
 - C. Diagnosis and treatment
 - D. Prevention
2. Postpartum Hemorrhage
 - A. Prevalence, definitions and predelivery risk assessment
 - B. Causes and treatment
 1. Medications
 2. Surgical
 - C. Blood Component Therapies
 1. Whole blood
 2. Packed red blood cells
 3. Fresh frozen plasma
 4. Platelets
 5. Cryoprecipitate
3. Postpartum Urinary Retention
 - A. Definitions
 - B. Pathophysiology
 - C. Risk factors and prevention
 - D. Treatment.

Reading Material Resources

Module WB2529 When the Postpartum Period Becomes Complicated is based on the resources listed below. A copy of each resource is included with the module.

Postpartum Depression Updates in Evaluation and Care, Green et al., *Advances in Family Practice Nursing*, 4 (2022), 145-158

Postpartum Hemorrhage Management and Blood Component Therapy, Zeng, et al., *Obstetric and Gynecologic Clinics of North America*, 49 (2022), 397-421

Postpartum urinary retention: an expert review, Nutaitis, et al., *American Journal of Obstetrics and Gynecology*, January 2023, 14-21