

Common Gynecologic Related Conditions in the Older Woman

Objectives

- Review the diagnostic approaches and treatment of genitourinary syndrome of menopause
- Describe physical and hormonal changes that normally occur in postmenopausal women
- Summarize common gynecologic conditions in the postmenopausal population
- Discuss treatments and referral when postmenopausal women present in the emergency room with common conditions affecting this population

Content Outline

1. Genitourinary Syndrome of Menopause
 - A. Diagnostic approaches
 - B. Signs and symptoms
 - C. Treatments
2. Physical and Hormonal Changes of Menopause
3. Common Conditions Occurring in the Postmenopausal Period
 - A. Vaginal bleeding and cancer
 - B. Genitourinary infections and related problems
 - C. Pelvic organ prolapse
 - D. Breast conditions
 - E. Elder abuse

Reading Material Resources

Module WB2532: Common Gynecologic Related Conditions in the Older Woman is based on the resources listed below. A copy of each resource is included with the module.

Genitourinary Syndrome of Menopause and the Role of Nurse Practitioners, Chism, et al., *The Journal for Nurse Practitioners*, 18 (2022), 506-509

Emergency Gynecologic Considerations in the Older Woman, Cimino-Fialos, et al., *Emergency Medical Clinics of North America*, 41 (2023), 395-404