

Objectives

- Explore the epidemiologic factors and risks for osteoporosis
- Review available screening methods and outcomes to diagnose osteoporosis
- Describe the physical and laboratory findings indicative of osteoporosis
- Outline the pharmacologic and non-pharmacologic treatments of osteoporosis
- Compare and contrast different medications to treat osteoporosis

Osteoporosis

Content Outline

1. Epidemiology
2. Risk Factors
3. History, Physical Presentation and Laboratory Findings
4. Screening Methods and Results
5. Treatment of Osteoporosis
 - A. Pharmacologic
 - B. Non-pharmacologic

Reading Material Resources

Module WB2564: Osteoporosis is based on the resources listed below. A copy of each resource is included with the module.

Postmenopausal Osteoporosis, Elsheikh, et al., Contemporary Ob/Gyn.net, May 2023, 7-12

Osteoporosis: Common Questions and Answers, Harris, et al., American Family Physician, 2023: 107 (3), 238-246