

Focus on Perinatal Aspects of Substance Use and Substance Use Disorders

Objectives

- Identify substances of concern commonly used in pregnancy
- Outline factors that impact underdiagnosis and undertreatment of substance use (SU) and substance use disorders (SUDs) in pregnancy
- List the recommended screening and testing considerations and the validated screening tools available for addressing substance use in pregnancy
- Summarize the American College of Obstetrics and Gynecology (ACOG) recommendations for evaluating and treating pregnant individuals with substance use or substance use disorders
- Discuss the tenants of care in the Future (PFF) clinic's seven integrated services
- Explain the harm reduction approach and its importance in care planning for all individuals who use or misuse substances

Content Outline

1. Office-Based Management of Perinatal Substance Use (SU) and Substance Use Disorder (SUD)
 - 1.1 Background regarding SU, misuse, and SUDs in pregnancy
 - 1.2 Appropriate terminology and definitions related to SU and SUD
 - 1.3 Evaluation and treatment approach for individuals with SU and SUDs
 - 1.3.1 Universal screening recommendations and additional testing
 - 1.3.2 Screening, Brief Intervention & Referral to Treatment (SBIRT)
 - 1.3.3 Acknowledge and work to eliminate stigma associated with SUD
 - 1.4 Harm reduction as a public health effort
 - 1.5 Overview of substances commonly used or misused- alcohol, cannabis, benzodiazepines, opioids, stimulants, nicotine-containing products
2. Multidisciplinary Perinatal Substance Use Program
 - 2.1 Partnering for the Future (PFF) integrated and co-located obstetric care service model providing seven services
 - 2.2 Tenants of care
3. Integrating Screening, Patient Education, Harm Reduction
 - 3.1 Importance of MOUD initiation for opioid use disorder

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Reading Material Resources

Module WB2622: Focus on Perinatal Aspects of Substance Use and Substance Use Disorder is based on the resources listed below. A copy of each resource is included with the module.

Office-Based Management of Perinatal Substance Use and Substance Use Disorder for the General Obstetrician-Gynecologist, Kurtz T and Smid MC, *Obstetrics and Gynecology Clinics*, 50 (2023), 609-627

Partnering for the future clinic: A multidisciplinary perinatal substance use program, Townsel C et al., *General Hospital Psychiatry*, 85 (2023), 220-228

Polysubstance use during pregnancy: The importance of screening, patient education, and integrating a harm reduction perspective, Board A et al., *Drug and Alcohol Dependence*, 247 (2023) Article 109872