Objectives

- Identify external and internal structures associated with the pelvic exam.
- Describe the indications and complications of performing a pelvic exam.
- Compare and contrast national cervical cytologic screening guidelines.
- Summarize key points on patient preparation for the pelvic exam.
- Review the steps involved in performing a pelvic examination.
- Understand interpretation guidelines for Pap smears.

Content Outline

1. Anatomy
   1.1 External
   1.2 Internal

2. Screening Guidelines
   2.1 ACOG
   2.2 ASCCP
   2.3 USPSTF

3. Patient Preparation
   3.1 First exam
   3.2 Returning patient

4. Pelvic Techniques
   4.1 Speculum exam
   4.2 External exam
   4.3 Internal exam
   4.4 Bimanual exam
   4.5 Rectovaginal exam

5. Pap smear
   5.1 Collection methods
   5.2 Interpretation

Reading Material Resources

Module WB1707: The Pelvic Examination and Papanicolaou Smear is based on the resources listed below. A copy of the resources are included with the module.