Module WB1746

Objectives

- Compare and contrast the stages of normal labor.
- Identify indications and contraindications for operative birth.
- Describe the techniques of operative vaginal birth.
- Review maternal and newborn complications of vaginal operative birth.
- List the indications for cesarean delivery.
- Discuss preoperative and postoperative care of the woman undergoing cesarean.
- Differentiate the various techniques and types of incision used for cesarean delivery.

Modes of Delivery: Advantages, Challenges and Complications

Content Outline

1. Spontaneous Vaginal Delivery
   1.1 Onset of labor
   1.2 First stage of labor
   1.3 Second stage of labor
   1.4 Third stage of labor

2. Operative Vaginal Birth
   2.1 Indications and prerequisites
   2.2 Contraindications
   2.3 Choice of Instruments
      2.3.1 Vacuum extractor
      2.3.2 Forceps
   2.4 Techniques
   2.5 Role of Episiotomy
   2.6 Complications
      2.6.1 Mother
      2.6.2 Neonate
      2.6.3 Long term

3. Cesarean Delivery
   3.1 Indications
   3.2 Classification of urgency
   3.3 Preoperative and postoperative care
   3.4 Type of cesarean
      3.4.1 Surgical
      3.4.2 Complicated

Reading Material Resources

Module WB1746: Modes of Delivery: Advantages, Challenges and Complications is based on the resources listed below. A copy of the resources are included with the module.


Operative Vaginal Delivery, ACOG Practice Bulletin, Number 154, November 2015, ACOG, Washington DC, E56-E64.