Support & Interventions to Promote Breastfeeding

Content Outline

1. Improving Breastfeeding Support
   1.1 Overview of breastfeeding as optimal form of infant nutrition
   1.2 Description of literature review methods
   1.3 Themes surrounding women’s perspectives related to breastfeeding
      1.3.1 Perfect mother
      1.3.2 Unrealistic expectations
      1.3.3 Issues of morality
      1.3.4 Support from others
   1.4 Themes surrounding women’s descriptions of emotional experiences
      1.4.1 Failure
      1.4.2 Guilt
      1.4.3 Isolation
   1.5 Clinical & research implications related to professional assistance & support

2. Interventions to Support Breastfeeding in Late Preterm Infants
   2.1 Overview of vulnerabilities in late preterm infants
   2.2 Summary of maternal & infant factors leading to breastfeeding difficulties
   2.3 The Late Preterm Conceptual Framework & application to the integrative review process
   2.4 Interventions evaluated for impact on breastfeeding exclusivity & duration
      2.4.1 Skin-to-skin contact
      2.4.2 Rooming-in
      2.4.3 Cup feeding & triple feeding
   2.5 Limitations of the review process
   2.6 Implications for practice & research

Reading Material Resources- On the Next Page
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Module WB1933: Support & Interventions to Promote Breastfeeding is based on the resources listed below. A copy of each resource is included with the module.
