Diabetes in Pregnancy

Content Outline

1. Glucose Metabolism in Pregnancy (Maternal & Fetal)
   A. Insulin sensitivity and production
   B. Role of placental hormones
   C. Fetal programming

2. Classifications of Diabetes Mellitus

3. Diagnosis of Gestational Diabetes
   A. Glucose challenges tests

4. Maternal & Fetal Risks of Pregestational and Gestational Diabetes
   A. Maternal
   B. Fetal
   C. Long term

5. Management of Pregestational and Gestational Diabetes
   A. Outpatient management
      1. Preconception counseling
      2. Nutrition and diet
      3. Glucose monitoring
      4. Fetal surveillance
      5. Insulin therapy
      6. Oral antihypoglycemic drugs
   B. Intrapartum management
      1. Insulin or pharmacologic management
      2. Delivery modes
   C. Postpartum management
      1. Glucose testing
      2. Counseling on long term complications

Reading Material Resources

Module WB2022: Diabetes in Pregnancy is based on the resources listed below. A copy of each resource is included with the module.
