Common Problems in Primary Care

Content Outline

1. Vitamin Deficiency Overview
   A. Sources
   B. Recommended daily intake
   C. Types of vitamin D

2. Diagnosis of Vitamin D Deficiency and Toxicity

3. Risk Factors

4. Management

5. Vitamin D Deficiency and Associated Diseases

6. Herpes Zoster (Shingles)
   A. Epidemiology
   B. Clinical presentation
   C. Diagnosis
   D. Management
      1. Topical treatments
      2. Systemic treatments
   E. Complications
   F. Prevention

7. Migraine Headache
   A. Diagnosis and patient assessment
      1. Differential diagnoses
      2. Red flag warnings
   B. Pharmacologic treatments
      1. First line therapies
      2. Second line options
      3. Drugs for refractory headache
   C. Special Considerations
      1. Refractory headache
      2. Special populations
         a. Pregnant women
         b. Children

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Common Problems in Primary Care

Reading Material Resources

Module WB2024: Common Problems in Primary Care is based on the resources listed below. A copy of each resource is included with the module.


Herpes Zoster and Postherpetic Neuralgia, Prevention and Management, Saguil, et al., American Family Physician, Volume 96, Number 10, November 15, 2017, 656-663

Acute Migraine Headache: Treatment Strategies, Mayans, et al., American Family Physician, Volume 97, Number 4, February 15, 2018, 243-251