The chart shows the percentage distribution of questions on the Electronic Fetal Monitoring exam across the major content categories covered on the examination.

The major focus is on Pattern Recognition and Intervention. EFM Monitoring Equipment and Professional Issues have the least emphasis.
ASSOCIATED COMPETENCIES

- Apply knowledge of maternal-fetal assessment methods when selecting electronic fetal monitoring or intermittent auscultation to evaluate fetal status.

- Interpret data from the electronic fetal monitor to differentiate between actual fetal data and equipment failure.

- Use knowledge of the advantages and disadvantages of electronic fetal monitoring to provide information to the pregnant woman and her support person(s).

- Apply knowledge of fetal heart rate regulation to the interpretation of electronic fetal monitoring data.

- Identify and interpret the significance of fetal heart rate patterns.

- Interpret data from electronic fetal monitoring to differentiate between normal and abnormal fetal heart rate patterns.

- Apply knowledge of common pregnancy complications to the development of a comprehensive plan of care based on electronic fetal monitoring data.

- Apply knowledge of uteroplacental and maternal-fetal physiology as they relate to fetal oxygenation.

- Identify indications for adjunct fetal assessment and incorporate findings into the plan of care.

- Incorporate knowledge of current practice and legal practices into nursing care.
EXAM OUTLINE

This is an outline of topics and areas which may be included in the Electronic Fetal Monitoring examination.

Percentages identified for the topic areas represent a range of the number of test questions assigned to each content area and therefore might total more or less than 100 percent. These ranges do not necessarily reflect the content of future exams.
EXAMINATION CONTENT
STUDY RESOURCES

THE NICHD LANGUAGE AND DEFINITIONS ARE UTILIZED IN THE EXAM AS NOTED IN THE 2008, 2010 UPDATES AND 2015 REAFFIRMATION. ALL EFM TRACINGS USED IN THE EXAM ARE SET AT A SPEED OF 3CM/MIN FOR PURPOSES OF INTERPRETATION

STUDY RESOURCES
The following references are used by content team members and outside item writers to generate test questions for the EFM examination. This list is not intended as an all-inclusive list of references, nor does it imply that items on the current examinations were necessarily referenced from any of these publications.

- Freeman, et. al., Fetal Heart Rate Monitoring, LWW, 2012.