

### Objectives

- Identify risks associated with prescribing opioids in pregnancy.
- Describe management approaches for pregnant patients on chronic opioid therapy.
- Outline the type of medication commonly used for pain management in pregnancy.
- Discuss risk of prescribing pain medications in pregnancy.

### Content Outline

1. Risks of Prescribing Opioids During Pregnancy and Postpartum
  - 1.1 Misprescription
  - 1.2 Misuse, Addiction and Dependence
  - 1.3 Overdose
  - 1.4 Children and Adolescent Vulnerabilities
  - 1.5 Periconception concerns
2. Management of Patients on Chronic Opioid Therapy
  - 2.1 Pregnant patient
  - 2.2 Postpartum patient
  - 2.3 Minimizing Risks
3. Commonly Used Drugs During Pregnancy and Lactation
  - 3.1 NDAIDs
  - 3.2 Opioid analgesic
  - 3.3 Local anesthetics
  - 3.4 Steroids
  - 3.5 Benzodiazepines
  - 3.6 Antidepressants
  - 3.7 Anticonvulsants
  - 3.8 Ergot alkaloids
  - 3.9 Caffeine
  - 3.10 Sumatriptan
  - 3.11 Beta blockers

### Reading Material Resources

**Module WB1711: Pharmacology in Pregnancy** is based on the resources listed below. A copy of the resources are included with the module.

The Perils of Opioid Prescribing During Pregnancy, Meyer, M., *Obstetrics and Gynecology Clinics of North America*, 41, 2014, pp. 297-306.

Chapter 35, Managing Pain During Pregnancy and Lactation, *Practical Management of Pain*, Benzon, et al., Elsevier, 2014, pp. 474-483.