Adolescent Contraception

Content Outline

1. Contraceptive Methods in Adolescents
   A. What is most effective?
   B. What methods adolescents will most likely use?

2. Counseling Adolescents on Contraception
   A. Adolescent friendly environment
   B. One on one relationship with provider and adolescent patient

3. Adolescent stages of Social and Emotional Development
   A. Early
   B. Middle
   C. Late

4. Advantages and Disadvantages of Contraceptive Methods
   A. Combined hormonal contraceptives
   B. DMPA
   C. Subdermal implants
   D. IUDs

5. Common Side Effects of Contraceptive and Their Management
   A. Irregular bleeding
   B. Amenorrhea
   C. Weight gain
   D. Pain
   E. Missing IUD string

6. Special Needs Adolescents and Contraceptive
   A. Concurrent medical conditions
   B. Physical or Development Disabilities

Reading Material Resources

WB1850 Adolescent Contraception is based on the resource listed below. A copy of the resource is included with the module.

Update on Adolescent Contraception, Richards, et al., Advances in Pediatrics, 63, (2016), 429-451